

Summer 2025 Menu

Week 1

	Monday	Tuesday	Wednesday	Thursday	Friday
The Main Event 1	All Day Breakfast/ All Day Breakfast (v)	Sweet & Sour Chicken/ Sweet & Sour Quorn (v)	Roast Chicken Dinner/ Quorn Fillet (v)	Creamy Chicken Korma	Battered Fish
The Main Event 2	Beef Chilli with Rice and Carrots	Chilli & Lime Baked Fish	Savoury Mince (v)	Salmon Bites	Chicken Strips
With (included with either of the above)	Bacon, Omelette, Hash Brown, Baked Beans & Tomato	Rice & Seasonal Vegetables	Stuffing, Mashed Potato with Seasonal Vegetables & Gravy	Bombay Potatoes, Cauliflower, Chilli & Mango Sauce & Naan	Chips & Peas
Dessert	Chocolate Cake & Chocolate Custard	Summer Fruit Pudding	Flapjack	Belgian Waffle	Melon & Summer Berry Salad

€2.50 Meal Deal
x1 Main Event & Side plus 330ml Spring Water

Street Food

Loaded Nachos

Pork Sausage Roll
~
Cheeseburger

Pepperoni Pizza Slice
~
Chicken & Stuffing Baguette

Made @ Rainhill Noodle Pot
~
Sausage Roll (v)

Chicken Fillet Burger
~
Cheese & Tomato Pizza Slice (v)

Something Else?

Fresh Bread, Jacket Potatoes,
Hot and Cold Pasta Pots & variety
of sandwich types and fillings
available across the week

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ST HELENS
BOROUGH COUNCIL

Did you know some of our dishes are suitable for vegetarian and vegan diets?

Alternative Dietary specific menus, Allergen and Carb information available upon request.

The menu maybe subject to change to ensure ingredients are used to the optimum quality or to meet the needs of an individual school.



RAINHILL
HIGH SCHOOL

Summer 2025 Menu

Week 2

	Monday	Tuesday	Wednesday	Thursday	Friday
The Main Event 1	Pork Sausage Roll / Sausage Roll	Teriyaki Chicken / Teriyaki Quorn	Roast Chicken Dinner	Smothered BBQ Chicken & Wedges	Battered Fish
The Main Event 2	Cheese Omelette	Salt & Pepper Beef	Toad in the Hole	Mac "n" Double Cheese	Sweet Chilli Glazed Chicken Strips
With (included with either of the above)	Mini Potato Chunks & Baked Beans	Egg Fried Rice & Broccoli	Yorkshire Pudding, Roast Potato, carrot & Swede with Gravy	Seasonal Vegetables	Chips & Peas
Dessert	Homemade Brownie	Fresh Fruit Salad	Chocolate Cookie	Cheesecake Pot	Bananas & Butterscotch Sauce

€2.50 Meal Deal
x1 Main Event & Side plus 330ml Spring Water

Street Food

Cheeseburger
 ~
 Pork/Sausage Roll (v)

Made @ Rainhill Noodle Pot
 ~
 Pepperoni Pizza Slice

Jumbo Hotdog with Ketchup (v)
 ~
 Beef & Onion Baguette

Cheese & Tomato Pizza Slice (v)

Flamin' Chicken Wrap

Something Else?

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Week 3

	Monday	Tuesday	Wednesday	Thursday	Friday
The Main Event 1	Pasta Bolognese Bake	Chefs Chicken Curry/ Quorn Curry	Sausage Dinner	Mighty Meaty Pasta Bake	Battered Fish
The Main Event 2	Pasta Bolognese	Pizza Panini	Mac "n" Double Cheese with Broccoli	Cheesy Bean Hotpot	Pork / Quorn Sausages
With (included with either of the above)	Corn Cob	Rice & Vegetables	Mashed Potato, Seasonal Vegetables & Gravy	Garlic Bread & Peas	Chips & Baked Beans
Dessert	Mixed Fruit Pot	Homemade Brownie	Shortbread	Berries & Ice-cream	Homemade Cookie

€2.50 Meal Deal
x1 Main Event & Side plus 330ml Spring Water

Street Food

Smothered BBQ
Chicken & Wedges
~
Cheese & Tomato Pizza Slice

Cheese & Tomato Pizza Slice

Made @ Rainhill Noodle Pot
~
Cheese & Ham Ciabatta

Cheeseburger

Chicken Strips
~
Pepperoni Pizza

Something Else?

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Hot and Cold Pasta Pots & variety
of sandwich types and fillings
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Price List

Hot Food

The Main Event	£2.35
Meal Deal (Meal, Side & 330ml Water)	£2.50
The Main Event Side	£1.80
Street Food 1 / 2	£2.20 / £2.50
Burger	£2.20
Sausage Roll	£1.50
Chips	£1.80
Pizza	£1.85
Pasta King REG	£2.10
Pasta King LRG	£2.40
Jacket Potato with Filling	£2.20
EXTRA Protein Filling	£1.20
EXTRA. Cheese Filling	£0.75
Condiment	£0.10
Gravy/Curry Extra	£0.50

Dessert

Piece of Fruit	£0.60
Yoghurt	£0.80
Dessert of the Day	£1.20
Fruit Bag/Pot	£1.00
Belgian Waffle	£0.95
Cookie/Biscuit	£0.80
Cake/Bake	£0.90
Ice-cream Tub	£1.25

Cold Food

Crusty Bread	£0.55
Packaged Sandwich/Wrap/ Roll/Jumbo Roll	£1.75 / £2.20 / £2.25
REG. Simple Garden Salad / Plain Pasta	£1.00
REG. Cold Pasta & Salad Bar (x1 Protein Filling)	£1.80
LRG. Cold Pasta & Salad Bar (x1 Protein Filling)	£2.20
EXTRA. Protein Filling	£1.20
EXTRA. Cheese Filling	£0.75

Drinks

Milkshake - 200ml	£0.80
Water - 330ml	£0.50
Water - 500ml	£0.80
(Can) Water - 330ml	£0.80
Flavoured Water - 500ml	£1.05
Juice Drink 150ml - 200ml	£0.65
Radnor - 330ml	£0.90
Milk - 568ml	£1.00

Break

Fruit Bag / Pot	£1.00
Dried Fruit Snack	£0.50
Yoghurt	£0.80
Fruit	£0.60
Hash Brown	£1.00
Bacon Roll/Sausage Roll	£1.80
Bacon & Egg Baguette	£2.60
Cheese & Egg Muffin	£1.80
Bacon on Toast	£2.20
Cheese on Toast	£1.00
Toast (per slice)	£0.30
Toasted Bagel (1/2)	£0.45
Toasted Bagel	£0.85
Toasted Teacake	£0.80
American Pancakes x1 (plain)	£0.85
American Pancakes x1 (x1 Topping)	£1.25
Belgian Waffle	£0.95
Sreen Lunchbox	£0.60



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