



Meal of the Day Menu



Week 1

W/C Dates: 01/11/21, 22/11/21, 13/12/21,
03/01/22, 24/01/22, 07/03/22, 28/03/22

Monday

Cheesy Potato Bake with Broccoli (v)
Cheese and Tomato Pizza Baguette with Broccoli (v)
Dessert - Fruity Flapjack Bar

Tuesday

Sausage Ragu with Courgette
Sausage on a Roll with Courgette (v)
Dessert - Peach and Mango Yoghurt

British Roast Wednesday

Chicken Dinner, Stuffing & Trimmings
Lentil Dinner, Stuffing & Trimmings (v)
Dessert - Cocoa and Orange Pyramid Cake & Chocolate Custard

Thursday

Chilli Beef Enchiladas, Rice & Mexican Beans
Mexican Bean Enchiladas, Rice & Roasted Peppers (v)
Dessert - Winter Spiced Fruit

Fishtastic Friday

Fish, Chips & Peas
Quorn Dippers, Chips & Peas (v)
Dessert - Toffee Bananas & Ice-cream

Week 2

W/C Dates: 08/11/21, 29/11/21, 20/12/21,
10/01/22, 31/01/22, 21/02/22, 14/03/22

Monday

Sweet Potato & Mango Curry, Naan, Rice & Roasted Cauliflower (v)
Crispy Cheese & Veg Wrap with Side Salad (v)
Dessert - Winter Berries & Custard

Tuesday

Cottage Pie, Crusty Bread, Shredded Greens & Pickles
Vegetable Frittata, Potato Wedges and Side Salad (v)
Dessert - Fruit Shortbread

British Roast Wednesday

Braised Pork & Apple Dinner with Trimmings
Quorn & Apple Dinner with Trimmings (v)
Dessert - Oat Crunch & Vanilla Yoghurt

Thursday

Cheese & Herb Chicken, Pasta & Green Beans
Creamy Garlic & Cheese Pasta with Green Beans (v)
Dessert - Banana Pancakes

Fishtastic Friday

Fish, Chips & Peas
Vegetable Pizza, Chips & Peas (v)
Dessert - Raspberry Ripple Mousse



Week 3

W/C Dates: 15/11/21, 06/12/21, 17/01/22,
07/02/22, 28/02/22, 21/03/22

Monday

Sausage Roll, Potato Wedges & Baked Beans (v)
Cheese & Onion Roll, Potato Wedges & Baked Beans (v)
Dessert - Pear Crumble & Custard

Tuesday

Teriyaki Style Chicken, Noodles & Stir Fry Vegetables
Teriyaki Quorn, Noodles & Stir Fry Vegetables (v)
Dessert - Toffee Apple Rice Pudding

British Roast Wednesday

Roast Beef Dinner & Yorkshire Pudding with Trimmings
Vegetarian Sausage & Yorkshire Pudding with Trimmings (v)
Dessert - Fudge Yoghurt

Thursday

Meatballs in a Rustic Tomato Sauce, Pasta & Mozzarella
with Mediterranean Vegetables
Cheese Burger & Corn Cob (v)
Dessert - Lemon Drizzle Cake

Fishtastic Friday

Fish Fingers, Chips & Peas
Cheese & Squash Dip, Crusty Bread & Peas (v)
Dessert - Melon Selection

(Plus, a wide selection of hot & cold favourites available daily)

(v) - Vegetarian

Meal options and menus available on request for special dietary requirements including Gluten Free, Dairy Free and Egg Free, Halal, and Carbohydrate Counts can be provided for diabetic students