

# Meal of the Day Menu

## Week 1

W/C Dates: 27/06/22, 18/07/22,  
19/09/22, 10/10/22, 07/11/22

### Meat Free Monday

Spaghetti Bolognese with Cheddar  
Baked Bean Pasty  
Potato Wedges & Broccoli  
Ice Lolly

### Tuesday

Teryaki Chicken  
Teryaki Quorn  
Egg Noodles & Sweetcorn  
Fruit Yoghurt

### Roast Dinner Wednesday

Roast Beef with Yorkshire Pudding & Gravy  
Cheese and Veg Finger Wrap  
Roast Potatoes; Carrot & Swede  
Berry Sponge Cake

### Thursday

Pork Sausage  
Cheese & Tomato Pasta Bake  
Mashed Potato & Mushy Peas  
Flapjack

### Friday

Breaded Chicken  
Home-made Pizza  
Chips & Peas  
Cooks Muffin

## Week 2

W/C Dates: 04/07/22, 05/09/22,  
26/09/22, 17/10/22, 14/11/22

### Meat Free Monday

Cheese & Onion Roll  
Quorn Nuggets  
Potato Wedges & Baked Beans  
Fresh Fruit Salad

### Tuesday

Chicken Tikka/Korma  
Vegetable Tikka/Quorn Korma  
50/50 Rice, Naan Bread & Cauliflower  
Banana & Mango Sorbet

### Roast Dinner Wednesday

Cooks Special Roast  
Cheese & Tomato Panini  
Roast Potatoes & Seasonal Vegetables  
Homemade Cookie

### Thursday

Meat Feast Pasta Bake  
Cheese & Onion Quiche  
Garlic Bread & Broccoli  
Doughnuts

### Friday

Breaded Chicken  
Home-made Pizza  
Chips & Peas  
Summer Berries & Ice-cream

## Week 3

W/C Dates: 11/07/22, 12/09/22,  
03/10/22, 31/10/22

### Meat Free Monday

Topped Hot Dog & Potato Wedges  
Tomato and Basil Pasta Bake  
Corn on the Cob  
Bananas & Sultanas

### Tuesday

Sweet & Sour Chicken  
Sweet & Sour Quorn  
50/50 Rice & Green Beans  
Raspberry Ripple Ice-Cream

### Roast Dinner Wednesday

Roast Turkey & Stuffing  
Cheese Ploughmans  
New Potatoes; Carrots & Cabbage  
Fruit Salad

### Thursday

Sausage Roll  
Quorn Nuggets  
Diced Potatoes & Baked Beans  
Peach Yoghurt

### Friday

Breaded Chicken/Salmon Fish Fingers  
Home-made Pizza  
Chips & Peas  
Cooks Muffin

(Plus, a wide selection of hot & cold favourites available daily)



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BOROUGH COUNCIL



De La Salle School