



EYQI Updates

EY Quality and Inclusion Team

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Week beginning 18.12.2023



Merry Christmas and a Happy New Year!!

🎄 🧑🏻‍🎅 **May this festive season bring you laughter, love and cherished memories with family and friends.**

Wishing you a joyful Christmas and a New Year filled with prosperity and fulfilment.

Thank you for being a part of our 2023 journey, we look forward to a year filled with endless opportunities and success!

Merry Christmas and a Happy New Year from all of us! 🧑🏻‍🎅 🎄





During the festive season please ring Lidia on the work mobile 07784360762



Family Hub

Hi All

From January 2024 we are delivering a FREE new programme for parents, called **Triple P Fear - Less**.

Fear- Less is a programme for parents with children aged 6 - 14 years who are struggling with anxiety which may be causing them to miss school or social events. The programme helps parents to understand their child's anxiety, recognise when their child is anxious, and develop skills and techniques to help them cope with their anxiety.

The programme is a 7 week programme, being delivered from Newton Children Centre, Wednesday mornings 9:30am - 11.30am.

Overview of programme sessions

Session 1: Welcome and introductory session

Session 2: Anxiety - what is it and how does it develop?

Session 3: Promoting emotional resilience in children

Session 4: Modelling and the way children think

Session 5: The way you behave - avoidance and exposure

Session 6: Parental strategies for responding to children's anxiety

Session 7: Constructive problem solving - how to promote it and maintain gains

Limited places are available!

To book please use the attached referral and return to the parentingteam@sthelens.gov.uk. The online referral on ICS/EHM is currently being updated to include the new programmes.

For further information please contact the Programmes Team

phone: 01744 673420/673445

email: parentingteam@sthelens.gov.uk

Text: 07761045427



We are offering FREE online training - the short/refresher Healthy Bladders & Bowels training looks at how the bladder and bowel should work and what to do when things go wrong. It includes management of constipation, daytime wetting and general continence.

There are 2 dates available 16th January and 15th February - both are being delivered online 9:30am - 1pm.

If you would like to book a session, please email earlyhelpadmin@sthelens.gov.uk to book your place

Limited places are available!



Free Training reading from the womb to age 1

Hi All

I hope that you're well. I delivered some training a while ago for St Helens based professionals working with expectant parents. I've got some fully funded online training sessions coming up in March for professionals in the Merseyside authorities. They're funded by Merseyside Violence Reduction Partnership and will be delivered on zoom.

Training: An overview relating to reading from the womb to age 1.

Professionals can choose from which is most suited to their needs.

Monday 25th March 9.30-11.30: Read To Bump:

<https://www.liverpoollearningpartnership.com/event/read-to-bump/>

Tuesday 26th March 9.30-11.30: Books with Babies:

<https://www.liverpoollearningpartnership.com/event/books-with-babies/>

Wednesday 27th March 9.30-11.30: Read To Bump and Baby (a combined overview session)

<https://www.liverpoollearningpartnership.com/event/read-to-bump-and-baby/>

Thanks so much,

Jenny

Jenny Holder

Reading Coordinator- Liverpool Learning Partnership



PVI MS Teams Forum for private nurseries and childminders:

<https://teams.microsoft.com/l/channel/19%3a296c4d2f7039446a9e0aa281bd40e55a%40thread.tacv2/General?groupId=4f2a06e5-0991-4575-be27-b6cc16d97f34&tenantId=ef41c22b-1a60-4d86-a8bd-5d3a95f8abab>

Schools MS Teams Forum

<https://teams.microsoft.com/l/channel/19%3a2589ee5f1bd043fdbb67bec3cd7d3b1c%40thread.tacv2/General?groupId=9e33e316-91dc-4469-94d4-36a4da88746a&tenantId=ef41c22b-1a60-4d86-a8bd-5d3a95f8abab>