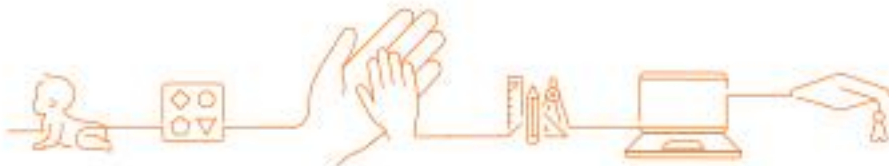


# Families in Harmony

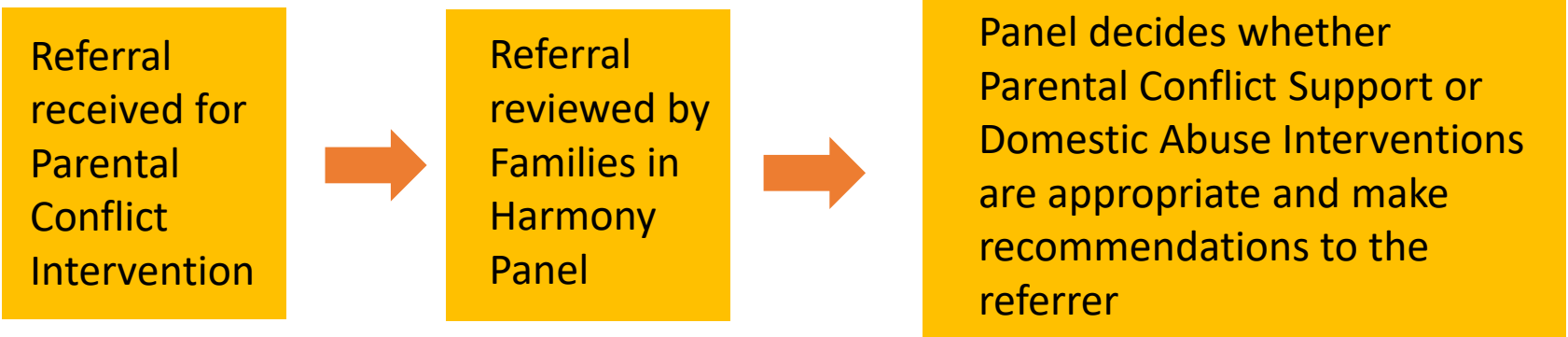
## Reducing Parental Conflict Referral Pathway



## Parental Conflict or Domestic Abuse?

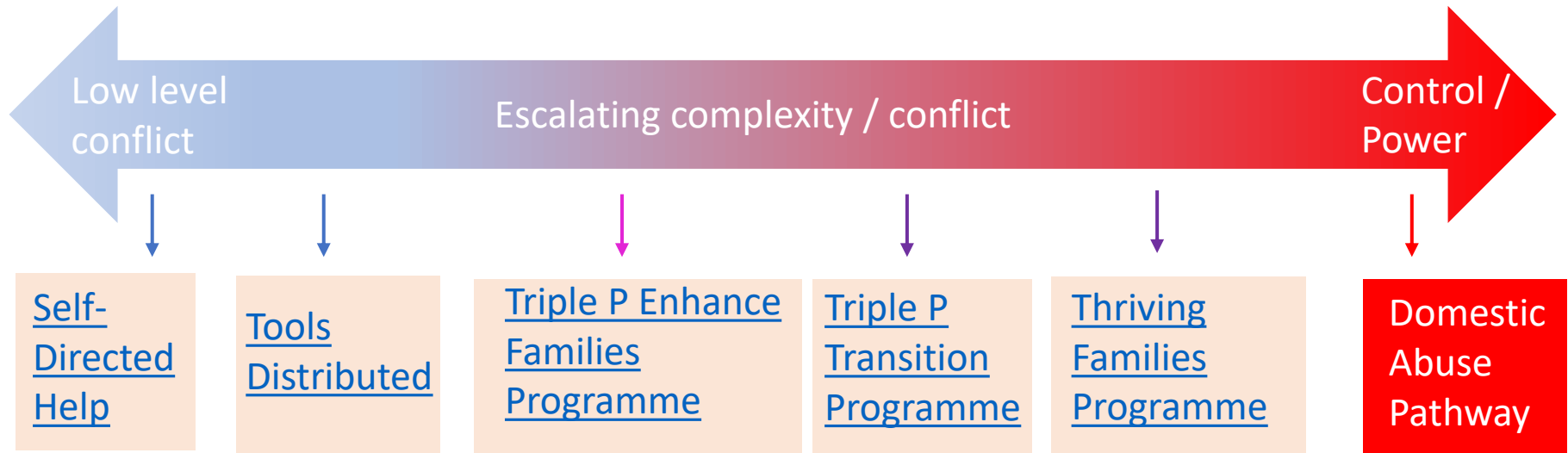
If a family is known to St Helens MARAC or has recently been referred to Safe2Speak Domestic Abuse services, they should not be referred via the Parental Conflict pathway. Instead, the local domestic abuse pathways should be followed. It's important not to inform the alleged perpetrator parent as this could put the victim's safety at risk.

## Parental Conflict Referral Pathway



## Parental Conflict Identified

If parental conflict is identified a recommendation as to what support the family can access is made via panel. The level of support available depends on the level of conflict within the family.



Requires Parental Conflict Assessment to be completed

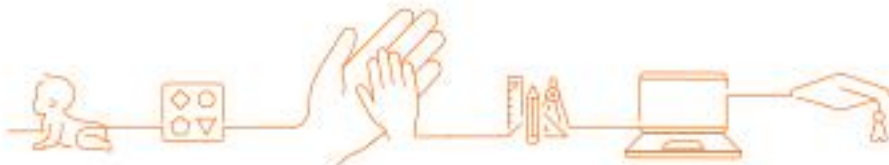


## Self- Directed Help – Level 1

- Parents/Carers access support via online early help website
- digital tools available
- leaflet downloadable
- universal support
- Digital tools for low level parental conflict. Parents can access the tools independently through the one plus one digital tools code issued by practitioner.

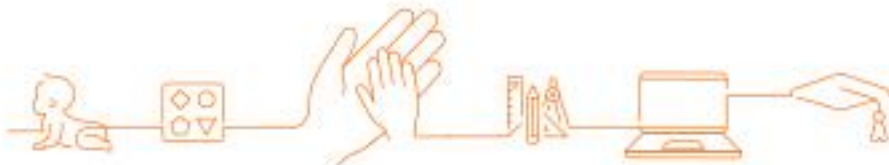
## Tools Distributed – Level 2

- Professional requests Parental conflict tools to support parents one to one
- low level disagreements between parents but evidence of some communication
- Digital tools for professionals who work with parents who are separating or separated
- Parents who have been identified as experiencing higher level of conflict which is frequent and poorly resolved.



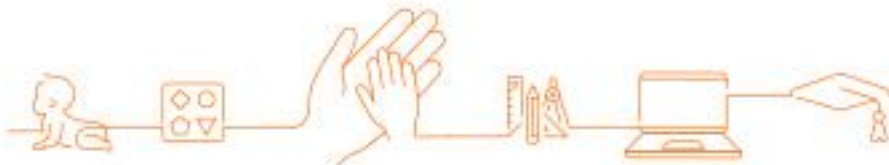
## Triple P Enhanced Families Programme – Level 3

- Low level conflict which is poorly resolved
- some additional difficulties within family
- Parents who benefit are those who present with family issues such as stress, poor coping, and/or partner conflict
- Parents have usually completed a Level 3 Primary Care; Primary Care Stepping Stones; Primary Care Teen programme, or a Level 4 programme and require extra support to make or maintain changes in parenting
- Parents need to be able to commit to 3 to 8 sessions depending on their indicated needs
- Enhanced Triple P consists of four different modules delivered to families in 3 to 8 individualised consultations
- The modules address family factors that may impact upon and complicate the task of parenting (e.g., parental mood, partner conflict)



## Triple P Transition Programme – Level 4

- For parents that have separated. The programme can be delivered either through group or one to one.
- Family Transitions Triple P is designed for parents who are experiencing personal distress from separation or divorce, which is impacting on or complicating their parenting. During five sessions, Family Transitions Triple P assists parents who need extra support to adjust and manage the transition of separation or divorce.
- It focuses on skills to resolve conflicts with former partners and how to cope positively with stress.
- Parents who benefit from this programme are those who have been or are going through separation and divorce where there are unresolved conflicts and difficulties communicating effectively with former partners.
- Parents may be concerned that the separation or divorce is upsetting their children, or they may want to learn ways to talk to their children about it and teach them ways to cope. Parents who do this course usually have concurrent concerns about their child's behaviour.
- Parents attend group sessions separately.



## Thriving Families Programme – Level 5

- Dedicated parental conflict group programme for parents/carers
- Programme is delivered over 17 weeks
- parents to attend separately or together when appropriate
- Programme is suitable for when there is complexity within families where conflict is prevalent.



## Caring Dads programme

The Caring Dads 20-week Programme is a structured, multi-agency approach to addressing men's abusive behaviours within families. The intervention helps men to examine and address their behaviour and improve their relationship with their children. This evidence-based programme is informed by research which indicates men are likely to engage with services to address their behaviours if they think it will benefit their relationship with their children.

The programme works with men who:

Are aged over 18. Have been abusive to their partners/children – low risk (BRONZE merit, SILVER will be considered on a case-by-case basis).

Males who are still with their partner or separated

Have at least weekly contact with their child/children.

Accept that they have behaved abusively towards their partner and/or child.

Have some motivation to change and acceptance of their behaviour.

Male must commit to the full programme

The programme does not work with:

Men who have a history of sexual offending against a child or vulnerable adult.

Are on bail, licensed conditions or known to probation, convictions for domestic abuse, violence or are a Schedule 1 offender.

Are known to MARAC (GOLD Merit).

Or those with alcohol or substance misuse that will likely prevent their full attendance and engagement.

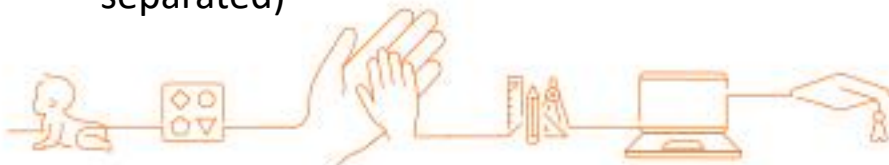
Are open to the court process for access to children.





## What does the Caring Dads programme involve?

- A 20-week programme for Fathers who have been abusive to their partners/children – low risk (BRONZE merit, SILVER will be considered on a case-by-case basis) The programme focuses on developing trust with the men, increasing their awareness of abusive behaviours and the consequences whilst helping them to take responsibility for their actions.
- Men are encouraged to think about their childhood experiences, consider how they want their children to feel and what they need to do to make their children feel safe and happy.
- The programme also looks at how men behave towards their partners and ex partners, the impact of abusive behaviours and strategies to manage their frustrations.
- The Programme aims to help Fathers improve their relationship with their children and end controlling, abusive and neglectful behaviour.
- Referrals to the programme are completed through the families in Harmony pathway referral form which can be completed by clicking on the forms tab in either the EHAT and ICS systems and selecting the Families in Harmony panel referral form.
- An Assessment will be completed with Father prior to the programme commencing.
- Partners must be informed of programme attendance (if they are still in a relationship or separated)



Re- Focus – in partnership between Causeway and DMAT

Early intervention to tackle abusive behaviours and protect families

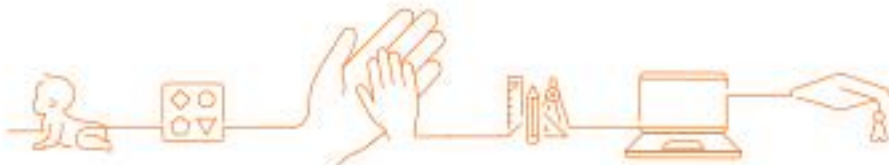
Re-Focus is a domestic abuse perpetrators programme for low risk/low harm domestic abuse..

Re-focus is a holistic early intervention pathway which will provide both education and support for individuals who have displayed the early signs of potentially abuse and coercive behaviours.

The programme will focus on reducing risk therefore will provide support for any person (aged 18+) on the receiving end of abusive behaviours.

Criteria:

- Early signs of coercive behaviours
- Aged 18+
- Engaged with services and motivated to change
- Live within St Helens



## Domestic Abuse (DA) Pathway

If domestic abuse is identified the referrer is asked to complete a MERIT form & refer as per local DA pathway / consider separate referral to perpetrator service (if safe to do so).

## Male Perpetrator Pathway

1. One to one work - Perpetrator attends one to one support
2. Re-focus early intervention programme
3. Caring Dads- Level 2 male perpetrators 20-week evidenced based programme.(Dads need to remain open to services when completing this programme)
4. BBR programme – Perpetrator attends BBR with probation

*Escalating Risk  
Within a  
relationship*



## Domestic Abuse Victim Pathway

### Female victims only

1. Gateway Programme 7-week therapeutic group work programme
2. After the Storm CGL – Therapeutic Group Work Programme



### All Domestic Abuse Victims – Any Gender

1. Safe2Speak Complex IDVA – victims with complex needs (mental health, substance misuse, homelessness)
2. Safe2Speak IDVA Service – high risk victims, specialist DA support, 1-1 crisis support, crisis intervention
3. Safe2Speak DVO Service – medium and standard risk victims, specialist DA support, 1-1 support
4. Safe2Speak Programme – 6-week course for victims of DA, do not have access to 1-1 support



## For more information contact:

**Telephone :** 01744 673420/01744 673445

**Email:** [ParentingTeam@sthelens.gov.uk](mailto:ParentingTeam@sthelens.gov.uk) / [reducingparentalconflict@sthelens.gov.uk](mailto:reducingparentalconflict@sthelens.gov.uk)

**Visit:** <https://www.sthelens.gov.uk/familiesinharmony>

