

Summer 2024 Menu

Week 1

	Monday	Tuesday	Wednesday	Thursday	Friday
The Main Event 1	All Day Breakfast / All Day Breakfast (v)	Sweet & Sour Chicken / Sweet & Sour Quorn (v)	Roast Chicken Dinner / Quorn Fillet (v)	Creamy Chicken Korma	Battered Fish
The Main Event 2	Beef Chilli with Rice and Carrots	Chilli & Lime Baked Fish	Savoury Mince (v)	Spiced Salmon	Chicken Strips
With (included with either of the above)	As Above (Bacon, Omelette, Hash Brown, Baked Beans & Tomato)	Rice & Seasonal Vegetables (v)	Stuffing, Mashed Potato with Seasonal Vegetables & Gravy (v)	Bombay Potatoes, Cauliflower, Chilli & Mango Sauce & Naan (v)	Chips & Peas (v)
Dessert	Chocolate Cake & Chocolate Custard (v)	Summer Fruit Pudding (v)	Flapjack (v)	Belgian Waffle (v)	Melon Berry Medley (v)

€2.50 Meal Deal
x1 Main Event & Sides with a Drink or Dessert

Street Food

Loaded Nachos

Pork Sausage Roll
~
Cheeseburger

Pepperoni Pizza slice
~
Chicken & Stuffing Baguette

Made @ Rainhill Noodle Pot
~
Sausage Roll (v)

Chicken Fillet burger
~
Cheese & Tomato Pizza Slice (v)

Something Else?

Fresh Bread, Jacket potatoes,
Hot and cold Pasta pots & variety
of sandwich types and fillings
available across the week

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(v) = Suitable for Vegetarians. Did you know some of our dishes are vegan friendly?

Alternative Dietary specific menus, Allergen and Carb information available upon request.

The menu maybe subject to change to ensure ingredients are used to the optimum quality or to meet the needs of an individual school.



ST HELENS
BOROUGH COUNCIL



RAINHILL
HIGH SCHOOL

Summer 2024 Menu

Week 2

	Monday	Tuesday	Wednesday	Thursday	Friday
The Main Event 1	All Day Breakfast	Sweet & Sour Chicken	Roast Chicken	Chicken Pie	Battered Fish
The Main Event 2	All Day Breakfast (v)	Sweet & Sour Quorn (v)	Quorn Fillet (v)	Cheese & Onion Pie (v)	Coated Chicken Strips
With (included with either of the above)	As Above	Egg Fried Rice & Broccoli (v)	Stuffing, Mashed Potato, Gravy, Seasonal Veg (v)	Garlic & Herb Diced Potatoes, Seasonal Veg (v)	Chips & Peas (v)
Dessert	Fruit Salad (v)	Chocolate Brownie (v)	Blueberry Muffin (v)	Shortbread (v)	Bananas & Butterscotch Sauce (v)

€2.50 Meal Deal

x1 Main Event & Sides with a Drink or Dessert

Street Food

Cheeseburger
Pork / Sausage Roll (v)

Made @ Rainhill Noodle Pot
Pepperoni Pizza Slice

Jumbo Hotdog with Ketchup (v)
Beef & Onion Baguette

Cheese & Tomato Pizza Slice (v)

Flamin' Chicken Wrap

Something Else?

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RAINHILL
HIGH SCHOOL

Summer 2024 Menu

Week 3

	Monday	Tuesday	Wednesday	Thursday	Friday
The Main Event 1	Pork Sausage Roll	Meat Feast Pasta Bake	Pork Loin	Cheeseburger	Battered Fish
The Main Event 2	Sausage Roll (v)	Meatballs and Pasta	Savoury Mince (v)	Tomato & Mozzarella Panini (v)	Chicken Burger
With (included with either of the above)	Mini Potato Chunks, Baked Beans (v)	Seasonal Vegetables	Yorkshire Pudding, Roast Potatoes, Carrot & Swede, Gravy (v)	Seasoned Wedges, Corn Cob (v)	Chips & Peas (v)
Dessert	Peach Yoghurt (v)	Waffle (v)	Chocolate Cake & Chocolate Custard (v)	Chocolate Cookies (v)	Mixed Fruit Pot (v)

€2.50 Meal Deal

x1 Main Event & Sides with a Drink or Dessert

Street Food

Smothered BBQ Chicken & Wedges
~
Cheese & Tomato Pizza Slice (v)

Cheese & Tomato Pizza Slice (v)

Made @ Rainhill Noodle Pot
~
Cheese & Ham Ciabatta

Cheeseburger

Chicken Strips
~
Pepperoni Pizza

Something Else?

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Price List

Hot Food

The Main Event	£2.15
Meal Deal (Meal & Drink or Dessert)	£2.50
Street Food 1 / 2	£2.20 / £1.90
Burger	£2.05
Sausage Roll	£1.15
Potatoes Side	£1.10
Chips	£1.55
Condiment	£0.10
Gravy/Curry Extra	£0.50
Jacket Potato	£1.35
Jacket Potato Filling	£0.82
Pasta King	£2.00
Pizza	£1.63
Calzone	£2.05

Dessert

Fruit	£0.60
Yoghurt	£0.76
Dessert of the Day	£1.10
Fruit Bag/Pot	£0.88
Homebake Dessert	£0.84

Cold Food

Crusty Bread	£0.55
Tuna / Pasta Salad	£1.65
Packaged Sandwich/Wrap/ Roll/Jumbo Roll	£1.75 / £2.25 / £1.40 / £1.90
Hot Panini / Sub/Wrap	£2.10

Drinks

Milkshake 200ml	£0.68
Water 330ml	£0.68
Water 500ml	£0.82
Flavoured Water 500ml	£1.05
Juice Drink 150ml - 200ml	£0.68
Radnor 330ml	£0.90
Hot Chocolate	£1.10

Break

Fruit Bag / Pot	£0.88
Saver Breakfast Roll	£1.00
Bacon Roll / Sausage Roll	£1.47
Crumpet	£0.53
Toast	£0.22
Cheese & Ham Toastie	£2.40
Bagel	£0.85
American Pancakes	£1.00
Waffle	£1.10
Toasted Teacake	£0.85
Cheese & Egg Muffin	£1.47
Cheese on Toast	£0.66
Hash Brown	£0.88
Yoghurt	£0.76
Fruit	£0.60



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