



EYQI Updates

EY Quality and Inclusion Team

Lidia Wolos 01744 67 1051/mobile 07784360762
Chris Dixon 01744 67 3378/mobile 0754 63 01311
Gemma Oakes 01744 67 5397/07706991364

<https://www.sthelens.gov.uk/EarlyYearsHub>

Week beginning 16.9.2024

EYHUB Training Autumn Term 2025

Bookings are now open for all training this term. Please see the attached CPD schedule for more details. As we do not yet have the full plan for the year in place, we are not asking settings to pay for Hub Membership this term and all training before Christmas will be free of charge. More dates and training will be advertised over the next few weeks. Please keep checking the newsletter for further details.

Particular dates to be aware of are
Early Years HUB Day – Tuesday 15th October
Reception Class Moderation – Wednesday 20th November

As well as SEND and Safeguarding sessions, this year we are also offering training from the Autism Education Trust. 'Making Sense of Autism in the Early Years' will run 4 times over the year, and we would like to encourage all settings to attend one of the 4 sessions.

Links to book places on all the training sessions can be found in the training booklet attached. Update - In last week's newsletter the SEND network was advertised as Tuesday 7th October. This should have said Monday 7th. Thanks to all the sharp-eyed people who noticed the mistake and let us know!

Safeguarding Solutions

Our next Safeguarding solutions drop-in session is on
Wednesday 18th September 2024 from 1.30-3.30pm.

The next sessions after this are as follows:
Wednesday 16th October 1.30pm-3.30pm
Wednesday 13th November 1.30-3.30pm
Monday 9th December 1.30-3.30pm

To book a slot on any of the sessions, please email Gemmaoakes@sthelens.gov.uk

Oral Health training

As you will be aware the Wellbeing Service have been commissioned to deliver increased support around oral health in St Helens, this includes:

- a training offer,
- working closely with identified settings in areas of most need
- and also providing oral health resources for St Helens children

Why is better oral health important?

Tooth decay is the most common reason for hospital admission in children aged six to 10, and children living in the most deprived communities are around 3.5 times more likely to have teeth extracted than those in the most affluent areas. On average 3 days of school are missed per year due to dental problems, which also can have significant impact on earning potential. Oral health and healthy teeth influence being able to eat a healthy diet to aid growth, speech development, and is key to social development and learning. Early habits of good oral hygiene need to be established to prevent these problems.

In St Helens, the percentage of 5-year-olds with any experience of tooth decay is worse than the England average. In 2021-22, 31.2% of 5 year olds in the borough had visual tooth decay compared to 23.7% in England and 30.6% in the North West . St Helens ranks as 31st highest in England and 13th highest in the North West.

Training Offer

There have been three training dates identified for all Family Hub partners and any agency working directly with families, you will only need to attend **one** of these. Please use the below link to book on and /or identify team members who work directly with families to attend.

For those attending the face to face sessions, oral health packs will be provided to take away with you and provide to families you are working with.

Please see below links to book on the training:

[Oral Health Awareness Training 30.09.24](#)

[Oral Health Awareness Training 15.10.24](#)

Advice for parents with children returning to School and Childcare settings after the summer break

As children return to school and childcare settings following the summer break it is important to re-emphasis basic infection prevention and control principles to reduce the spread of illness and infections in school and in the wider community.

As we approach the later part of the year it is common for many respiratory and stomach bugs to circulate, along with the ongoing concern for measles and whooping cough cases

The UK Health Security Agency (UKHSA) recommend some simple key actions:

1.Follow Good Hygiene Habits:

Encouraging good hand-washing habits is one of the most effective ways to stop the spread of infection. Regularly wash hands in soap and warm water for 20 seconds.

When should hands be washed?

- Whenever they are visibly dirty.
- Before eating.
- After using the toilet.
- After touching any potentially contaminated surfaces.
- After sneezing or blowing your nose.
- After handling pets.
- Before and after messy play.

Using a tissue to catch coughs and sneezes, binning it and then washing hands will help prevent infection from spreading.

2. Stopping the Spread of Stomach Bugs

If you or your child have diarrhoea and vomiting, washing your hands with soap and warm water and using bleach-based products to clean surfaces will help stop infections from spreading.

Don't prepare food for others if you have symptoms or for 48 hours after symptoms stop.

If your child has diarrhoea and/or vomiting, they should stay off school or nursery for at least 48 hours after their symptoms clear up – this will help stop the spread of stomach bugs.

3. When to keep your child at home

- If your child has a fever and is unwell, they should stay home from school or nursery until the fever has passed and they are well enough to attend.
- If your child is unwell and develops a rash it is important to discuss this with your GP before attending school or call 111. It is advised to telephone your GP in the first instance.
- If your child has diarrhoea and/or vomiting, they should stay off school or nursery for at least 48 hours after their symptoms clear up – this will help stop the spread of stomach bugs.

4. Ensure your child is up to date with their Vaccinations

- Vaccines are the most effective way to protect you and your child from many serious infectious diseases such as flu and measles.
- If you are unsure your child is up to date with their vaccinations please check your red book or contact your GP who can offer any missed vaccinations.

Useful Resources

NHS UK provides easily accessible guidance for parents to [help manage winter illness at home](#).

Our [e-bug](#) resources for all ages can help you to explain and discuss hygiene habits – and why they are important – to your child or teenager.

For more information on the [Child Flu Vaccine](#)

For information on [Meases](#)

For more information on [Whooping Cough](#)

A practical
guide
for staff

Managing infectious cases of diseases in all education and childcare settings

The online guide offers information and resources for the following:

Introduction to infection control in all education and childcare settings

Prevention and control

Outbreak management

Immunisation

Staff health, pet and animal contact

Cleaning the environment

Managing specific infections

Exclusion table

Diarrhoea and vomiting outbreak action list



© Crown Copyright 2022. 23/0023. UK. MAR 2022. UPTO/GATWAY. NUMBER 2019186



Advice and guidance

To find out more, visit www.gov.uk/government/publications/health-protection-in-schools-and-other-childcare-facilities or bit.ly/2xiipPZ.

Three Boroughs Infection Prevention and Control Team

Support for schools, education and childcare settings

General Information, Advice & Guidance on...



- Any infection
- Risk assessments
- IPC precautions, including standard infection control precautions (SICPs) and transmission-based precautions (TBPs)
- Exclusion periods

Quality Improvement, support and signposting with;



- Environmental audits for clinical or care areas
- Site visits and support
- Hydration matters, e-Bug, and mouthcare matters

Education and Training



- Bespoke training for staff on any IPC topic i.e. TB, Scabies, Outbreaks (usually in response to incidents of infection)
- Signposting to educational resources

Outbreak and single infections management



- Reporting of all outbreaks of infection (2 or more cases)
- Single case management for any infections i.e. Group A Srep, MMR, Scabies, Scarlet Fever, hand foot and mouth.
- Link with UKHSA for advice and guidance and any communication needs to parents/guardians

We are open 9 - 5 Monday to Friday (except bank holidays)

You can contact the team on any of these

01925 946 976

bchft.3boroughsinfectioncontrol@nhs.net

We look forward to hearing from you.



Department
for Education

Department for Education news

The [Early years child development training](#) is an online programme that is free to access. It has been designed by early years professionals to help early years educators build and strengthen their knowledge and understanding of child development.

Module 8: Supporting individual differences and needs [now available](#) and covers:

- an introduction to special educational needs and disabilities (SEND) legislation and guidance, and how it applies to education practice
- the impact of knowledge and learning gaps on children's development and what action to take, including making a referral when needed
- the importance of your role in supporting children's individual differences and needs, how to create an inclusive environment and build effective partnerships

This new module is now available along with 7 other modules including child and brain development, personal, social and emotional development, communication and language and physical development, mathematics and effective curriculum and assessment.

You can complete the training modules in any order, at any time. Sign in to your account and visit the [My modules](#) page of the training to access this new module. If you haven't yet accessed the training, and would like to learn more and register, please visit [Early years child development training](#).

[Healthy start scheme.](#)

The Healthy Start scheme is designed to help pregnant women and families with young children buy healthy foods and get free vitamins. To be eligible, you must meet certain criteria:

1. Pregnancy and Age of Children:

- You are more than 10 weeks pregnant.
- You have at least one child under 4 years old.

2. Benefits and Income:

- You or your family must be receiving certain benefits, such as:
 - Income Support
 - Income-based Jobseeker's Allowance
 - Income-related Employment and Support Allowance
 - Child Tax Credit (with a family income of £16,190 or less per year)
 - [Universal Credit \(with a family take-home pay of £408 or less per month\) 12.](#)

3. Age:

- [If you are under 18 and pregnant, you can qualify even if you do not receive any benefits 3.](#)

4. Immigration Status:

- [If you are not a British citizen but have a British child under 4 years old, you might still be eligible if your family earns £408 or less per month after tax and you cannot claim public funds due to your immigration status 12.](#)

Please find the Healthy Start Poster and the Love2Shop Voucher promotion material attached in the mail to share on your newsletters.

Please can you promote the same on your social media pages as well.

Enter to win!



Scan the QR code or visit:
<https://shorturl.at/i1Gh3>

Complete the survey for a chance to **WIN** a Love2shop voucher worth **£100!**



The poster features a photograph of a family in a kitchen. A man is holding a young child, and a woman is standing nearby. In the foreground, there are cartoon characters of a green broccoli and a blue milk carton with the word 'MILK' on it. The NHS logo is in the top right corner.

If you're pregnant or have children under the age of four, you could get help to buy food and milk.

Apply online for NHS Healthy Start.

www.healthystart.nhs.uk
@NHSHealthyStart



SCAN ME

BLOG: Raw flour update



ANGELA GAMBLE - INFORMATION, ADVICE AND GUIDANCE MANAGER, PACEY
05 SEPTEMBER 2024

In June, the Food Standards Agency issued guidance regarding using flour in play activities and recommended heat treating the flour.

The FSA guidance was updated on 19 August 2024.

Please be advised that the guidance applies to **all types of flour** including wheat, gluten free, corn, gram, and rice flour.

It now advises risk assessing play activities (the heating of flour prior to use has been removed).

The [guidance](#) states:

Here are some helpful tips to help you to prepare food using flour or flour products safely:

- do not eat or taste uncooked flour or flour products, such as pastry, cookie dough, pizza dough and batter, such as cake mix, unless labelling indicates they are ready to eat
- keep flour and flour mixes (e.g. bread or cake mix) in a sealed bag or container - flour can spread easily and contaminate other foods
- follow cooking, storage and handling instructions provided on the packaging
- wash hands thoroughly with soap and warm water before and after handling flour, uncooked pastry, or dough
- clean all surfaces properly - wash bowls, utensils, and surfaces with warm, soapy water or your usual surface cleaner and disinfect where necessary

Using flour or dough for crafts and play activities at home

When using uncooked flour or flour products not intended to be eaten e.g. dough for crafts and play, you may wish to use this advice to support how you manage the risks during these activities.

Operators of care settings or other businesses where children and older people are handling raw flour or raw flour products should also take account of this advice when considering how risks associated with these activities are managed as part of their risk assessment process. Children and older people may be more vulnerable to infection so additional care may be needed when handling these products.

Read the full guidance on [Handling flour and flour products safely | Food Standards Agency](#)

Family Hubs Parent / Carer panel.

Hearing Parents Voices

Are you a mum, dad, partner, other carer or currently pregnant?

Are you looking for something new to get involved in to share your ideas and build new skills ?

You can join *Family Hubs Parent and Carer Panel* to share your views and help us to design services for families in St Helens.

Monday 14th October 2024
12pm-2pm
Central Link Family Hub, Peter Street
Online at 6pm (call to request link)

BSL Interpreters are available on request.
To get in touch with us please contact:
Email: fhccvolunteering@sthelens.gov.uk Telephone: 01744 673420

Family Hub **ST HELENS**
BOROUGH COUNCIL

Ofsted. Early Years FAQs for providers and practitioners

How will the inspector provide feedback during the inspection?

Early years FAQs
for providers and practitioners

Ofsted

[Play all](#)

<https://www.youtube.com/playlist?list=PLLq-zBnUkspO6b7cfXTHoQGeeaQOP903d>

Collection of short videos answering the most common questions about inspection of early years provision. You will hear from an Ofsted Early Years Regulatory Inspector about inspection activities and Ofsted's role, and gain an insight of what to expect.

These are the newest titles:

- How will the inspector provide feedback during the inspection? | Early years FAQs
- How will the inspectors get the views of parents? | Early years FAQs
- What do inspectors want to know about ratios? | Early years FAQs
- How will the inspector provide feedback during the inspection? | Early years FAQs

PVI MS Teams Forum for private nurseries and childminders:

<https://teams.microsoft.com/l/channel/19%3a296c4d2f7039446a9e0aa281bd40e55a%40thread.tacv2/General?groupId=4f2a06e5-0991-4575-be27-b6cc16d97f34&tenantId=ef41c22b-1a60-4d86-a8bd-5d3a95f8abab>

Schools MS Teams Forum

<https://teams.microsoft.com/l/channel/19%3a2589ee5f1bd043fdbb67bec3cd7d3b1c%40thread.tacv2/General?groupId=9e33e316-91dc-4469-94d4-36a4da88746a&tenantId=ef41c22b-1a60-4d86-a8bd-5d3a95f8abab>